

RULES FOR OVER 35 SOCCER

1. No player from either attacking or defending side allowed in goal (D).
2. All free kicks are in-direct – no penalties.
3. All players must wear shin pads – joggers are allowed.
4. Teams are allowed 2 players under the age of 35 but must be over 30 (providing player is not registered in competition soccer) and only 1 player under 35 is allowed on the playing field at any time.
5. Registration fees must be paid by the end of the first round.
6. Players can only be registered to play for one team only.
7. No sliding tackles.
8. No tackling from behind.
9. No tackling any person wearing gold shorts.
10. No player is to play at the ball whilst that player is not in a standing position.
11. Duration of game is 30 minute halves.
12. Teams may play provided they have a minimum of 5 players otherwise the game is lost on a forfeit.
13. If playing field is too wet game will be called a draw.
14. The referee may sin bin a player for 5 minutes for any form of dissent and/or foul play
15. Goal kicks may be rolled, thrown or kicked into play.
16. Games must start within (!0) minutes of scheduled time or the team that cannot field 5 players will forfeit game